



Ability Benevolence Liberty Empowered



Monthly Moments

July 2022

Baja Burgers & Gelato at the Picnic!



Our Annual Picnic will take place on August 27, 2022!

Many thanks to [iHR Advisory Services](#) for their sponsorship of this event. Through their gift we are able to offer free gelato and bring in some fun games for you to try.

Registration is now open and if you plan on ordering from the Baja Burger Shack, let us know and we will have your 25% off coupon ready to pick up at the picnic! You also need to pre-order your gelato.

[More Information & To Register](#)

Remembering & Celebrating

Everyone at ABLE2 was sorry to hear about the recent passing of Aaron Macdonald. Aaron was part of our matching program, and he and his Ally, Aidan, were matched for almost four years.

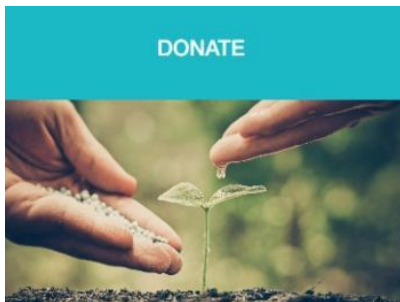


Aaron was a big-hearted individual who made friends easily. Aidan remembers their first meeting to decide if they were compatible. Aaron's mother accompanied him, and one of ABLE2's social workers was also part of the meeting. Aaron's mother commented early in the meeting that they were there to decide if he wanted to be friends with Aidan. Aaron didn't hesitate to say that they were already best friends.

Over the years, they met regularly to watch hockey games, go for dinner, shop in Dollarama or weekly Facetime calls in lockdown. During this time, Aidan's life became busier as he married and had a child, so he was not as available. Aaron's solution to this was to ask to speak to Aidan's wife to get permission for Aidan to join him on an outing!

Aaron taught everyone he met that the only thing that matters in this world is one another. He had a gift for making connections and was someone who loved spending time with those he loved. He will be greatly missed by those who know him. We wish to extend our sympathies for this great loss to his parents, Darlene and Bruce, his twin brother, Taylor, his family, and many friends.

[More about the Matching Program](#)



Support ABLE2

One of the easiest ways to make a big difference for people with disability and their families in our community is to support ABLE2 by making a monthly donation.

Please consider becoming a monthly donor and helping ABLE2 empower more people with disability to build lives of meaning and joy.

[Build Lives of Meaning & Joy](#)

The End of an Era

ABLE2 would like to thank Vern White and David Cork for acting as our Evening in the Maritimes honorary chairs. It is through their generosity, leadership and support that ABLE2 has hosted and grown this event to be one of the premier fundraising events in Ottawa.



As Vern and David move on to their next adventures they should go knowing that we will miss their enthusiasm and wise counsel. We hope to see them back as guests at a future event.

[2022 EITM Sizzle Reel](#)



Register Now

Join us for a 0.9 km walk in downtown Ottawa in support of Fetal Alcohol Spectrum Disorder (FASD). The 4th edition of this event coincides with International FASD Awareness Day that is observed all over the world on September 9th (the 9th day of the 9th month) to represent 9 months of pregnancy

[For More Information & To Register](#)

Grow Education Series

ABLE2 is extremely pleased to bring you a new online workshop series with [Connected Canadians](#). In this **technology-based series** you will learn how to protect yourself online, how to get around using your technology, safely bank & shop online and navigate the online world of music.



Funded by the [Ontario Trillium Foundation](#)

Technology Workshop Series

Sibling Groups - Back to In-Person Meetings!



Having a brother or sister who is living with a disability can be fun and challenging for children and teens. Our therapeutic groups offer the chance to: meet other children/teens who understand, share experiences, get information, do some fun activities and learn about different disabilities.

Registration for the 2022-2023 groups is **now open**. Spots are limited, so act quickly.

[Register Now](#)

Community Resources



[The Water Wheelchair Initiative](#)

ABLE2