

DISRUPT!



JOIN OUR WEBINAR

Lets Talk About
MENTAL HEALTH

A SAFE SPACE TO DISCUSS MENTAL HEALTH

Date: Wednesday November 23rd, 2022
Time: 6:00pm to 7:30pm EST

COMMUNITY LIVING
Ontario



DISRUPT! Social Justice Series

Let's talk about Mental Health.

DISRUPT! Social Justice Series is a series of educational workshops for students, youth, supporters, teachers, educators, self-advocates and passionate community-builders. The workshops are designed for like-minded youth to come together to exchange ideas, share powerful stories and learn more about creative ways to promote an inclusive Canada, all in a safe and inclusive space.

Join us and our guest speaker, Dr. Yona Lunsky, on **November 23rd from 6–7:30 p.m. EST** to discuss the mental health issues that are most prevalent in youth. Dr. Lunsky is a Senior Scientist, Director of the Azrieli Adult Neurodevelopmental Centre, and Director of the [Health Care Access Research and Developmental Disabilities \(H-CARDD\) Program](#) at the Centre for Addiction and Mental Health (CAMH).

Members of the Youth Advisory Committee (YAC) will be hosting this conversation around anxiety, depression, and medication. ALL youth, with and without a disability, are welcome to join!

Date: Wednesday, November 23, 2022

Time: 6:00 p.m. to 7:30 p.m. (EST)

Thank you for helping us spread the word!

- *Re:Action4Inclusion Youth Advisory Committee*

DON'T WAIT REGISTER TODAY!